

**FOUR-YEAR UNDERGRADUATE
PROGRAMME (FYUGP)**

Bachelor of Social Work (B.S.W.) Honours

Programme	Bachelor of Social Work (B.S.W) Honours				
Course Code	BSW1CJ101/BSW1MN100				
Course Title	Introduction to Social Work				
Type of Course	Major				
Semester	I				
Academic Level	100 - 199				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours
	4	4	-	-	60
Pre-requisites	-				
Course Summary	Introduction to Social Work covers foundational aspects of Social Work followed by an exploration of the global historical development of Social Work, addressing characteristics and Social Work education, focusing on knowledge, professional nature and ethical standards. It also explores the various fields of social work.				

Course Outcomes (CO):

CO	CO Statement	Cognitive Level*	Knowledge Category#	Evaluation Tools used
CO1	Understand the history of Social work and Social Work education and its place in the context of other related concepts	U	C	Exams / Quiz
CO2	Understand the philosophical assumptions, principles and values of Social Work	U	C	Exams / Quiz
CO3	Demonstrate ethical standards and principles governing the Social Work profession and their implications for professional conduct.	Ap	P	Exams/Assignment/Presentation
CO4	Explain the scope of Social Work in different settings or fields.	U	C	Exams / Quiz
CO5	Demonstrate the roles and responsibilities of a Professional Social Worker in primary and secondary settings.	Ap	P	Exams/Assignment/Presentation
* - Remember (R), Understand (U), Apply (Ap), Analyse (An), Evaluate (E), Create (C) # - Factual Knowledge(F) Conceptual Knowledge (C) Procedural Knowledge (P) Metacognitive Knowledge (M)				

Detailed Syllabus:

Module	Unit	Content	Hrs	Marks (70)
I	Fundamentals and Historical development of Social Work		17	26
	1	Social Work: Meaning and Definitions	1	
	2	Scope, objectives and functions of Social Work	4	
	3	An Introduction to Social Work Methods	4	
	4	Development of Professional Social Work- USA and UK	2	
	5	Development of Professional Social Work – India and Kerala	2	
	6	Basic concepts related to Social Work: Social Service, Social Welfare, Social Justice and Social Reform	2	
	7	Social Security, Social Policy, Social Defense, Social Development and Social Legislation	2	
II	Philosophy of Social Work		12	16
	8	Core Values and Ethical principles: Service, Social justice, Dignity and worth of the person, Importance of human relationships, Integrity, Competence.	4	

	9	Principles - Individualization, Meaningful Relationship, Self Determination, Acceptance, Social Functioning, Social Learning, Confidentiality.	3	
	10	Philosophical assumptions: Democratic framework, worth and dignity of individual, interacting forces of human behaviour, uniqueness of individuality, change and the potentiality to change, the right for self direction, participation of clients in the helping process, Society's responsibility to facilitate self- fulfilment of the individual, group or community.	3	
	11	Introduction to the Code of Ethics: Social Workers' ethical responsibilities to clients, colleagues, practice settings, professionals, Social Work profession and broader society.	2	
III	Social Work Profession		7	12
	12	Social Work as a Profession, characteristics of a profession	2	
	13	Social Work Education: Knowledge Base of Social Work	2	
	14	Social Work Curriculum: Components	1	
	15	Professional Associations: State, National and International	2	
IV	Fields of Social Work		12	16
	16	Classification of fields: Primary Settings in Social Work	1	
	17	Multidisciplinary framework in Social Work.	1	
	18	Family and Child Welfare, Schools, Community Development, Work with migrants, youth and women	2	
	19	Medical and Psychiatric settings, Differently abled, Older persons, PLHIV, Correctional settings, labour welfare	2	
	20	Policy, advocacy and NGOs	2	
	21	Role of Social Worker in various settings	2	
	22	Skills in Social Work.	2	
V	Exposure Visits		12	
		Exposure Visits to Social Work Agencies (Six agencies)	15	

Books and References

1. Banerjee .G.R (1973) : Papers on Social Work: An Indian Perspective
2. Choudhary, Paul. (1983): Introduction to Social work. New Delhi: Atma Ram & Sons,
3. Gore, M. S. (1965): Social Work and Social Work Education, P. S. Jayasingh, Bombay :Asia Publication House
4. Batra, Nitin (2004): Dynamics of Social Work in India, Jaipur : Raj Publishing House.
5. Dinitto, Diana, M. (2008): Social Work Issues and Opportunities in a challenging profession (3rd edition). Chicago: Lyceum Books
6. Friedlander, Walter A. (1977) : Concepts and Methods of Social Work, New Delhi : Prentice Hall of India Pvt. Ltd.
7. Nair, T. Krishnan (1981): Social Work Education and Social Work Practice in India, Madras: Association of School of Social Work in India
8. Singh, R.R. (1985): Field Work in Social Work Education, A Perspective for Human Service Profession, New Delhi : Concept Publishing Company
9. Wadia. A.R (1961): History and Philosophy of Social Work in India. Allied Publishers, Bombay
10. Desai, Murli (2002): Ideologies and Social Work. Rawat Publications, Jaipur
11. Patel, Chhaya (Ed): Social Work Practice Religio-Philosophical Foundations. Rawat Publications Jaipur
12. DuBois, B. L., & Miley, K. K. (2016). Social work: An empowering profession. Pearson.
13. Hepworth, D. H., Rooney, R. H., & Rooney, G. D. (2017). Direct social work practice: Theory and skills. Cengage Learning.
14. Holland, S. (2011). Social work: A very short introduction. Oxford University Press.
15. Howe, D. (2010). An introduction to social work theory. Ashgate Publishing.
16. Johnson, L. S., & Chen, H. (2021). Global Perspectives on Social Work Practice: Profiles of Social Workers Worldwide. Academic Press
17. Fink, Arthur et al (1985). The fields of Social Work. Beverly Hills, Calif: Sage Publications
18. Terry Mizrahi, Larry E. Davis (2008) : Encyclopaedia of Social Work (20th Edition), Oxford University Press, New York

Mapping of COs with PSOs and POs

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO 1	-	-	1	2	-	-	1	-	-	-	-	-	2
CO 2	-	-	-	-	-	2	1	-	-	-	-	-	-
CO 3	-	-	1	-	2	2	-	-	-	-	-	-	1
CO 4	3	-	-	-	-	2	-	-	-	-	-	3	-
CO5	-	-	1	-	2	2	-	-	-	-	-	-	1

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Assignments (20%)
- Final Exam (70%)

Mapping of COs to Assessment Rubrics

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2		✓		✓
CO 3		✓		✓
CO 4		✓		✓

**FOUR-YEAR UNDERGRADUATE
PROGRAMME (FYUGP)**

Bachelor of Social Work (B.S.W.) Honours

Programme	Bachelor of Social Work (B.S.W.) Honours				
Course Code	BSW1MN101				
Course Title	Fundamentals of Professional Social Work				
Type of Course	Minor I				
Semester	I				
Academic Level	100 - 199				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours
	4	4	-	-	60
Pre-requisites	-				
Course Summary	This introduces the basic concepts of Social Work and the historical development of Social Work. It also familiarises the student with the philosophy and principles of Social Work				

Course Outcomes (CO):

CO	CO Statement	Cognitive Level*	Knowledge Category#	Evaluation Tools used
CO1	Understand the concept and history of Social work	U	C	Exams / Quiz
CO2	Explain various concepts related to social work	U	C	Exams / Quiz
CO3	Understand the philosophical assumptions, principles and values of Social Work	U	C	Exams/Assignment/Presentation
CO4	Demonstrate ethical standards and principles governing the Social Work profession and their implications for professional conduct.	Ap	P	Exams/Assignment/Presentation
* - Remember (R), Understand (U), Apply (Ap), Analyse (An), Evaluate (E), Create (C) # - Factual Knowledge(F) Conceptual Knowledge (C) Procedural Knowledge (P) Metacognitive Knowledge (M)				

Detailed Syllabus:

Module	Unit	Content	Hrs (48+12)	Marks 70
I	Fundamentals and Historical development of Social Work		12	18
	1	Social Work: Meaning and Definitions	2	
	2	Scope and Objectives of Social Work	2	
	3	Functions of Social Work	3	
	4	Development of Professional Social Work- USA and UK	2	
	5	Development of Professional Social Work – India and Kerala	3	
II	Basic Concepts related to Social Work		14	20
	6	Basic concepts related to Social Work: Social Service	1	
	7	Social Welfare and social Welfare Programmes	2	
	8	Social Justice	1	
	9	Social Security	1	
	10	Social Defense	1	
	11	Social Reform, major social reform movements in India	2	
	12	Social Policy	2	
	13	Social Development	2	
	14	Social Legislation: Significance and scope	2	

III	Philosophy of Social Work		10	14
	15	Core Values and Ethical principles: Service, Social justice, Dignity and worth of the person, Importance of human relationships, Integrity, Competence.	4	
	16	Principles - Individualization, Meaningful Relationship, Self Determination, Acceptance, Social Functioning, Social Learning, Confidentiality	4	
	17	Philosophical assumptions of Social Work	2	
IV	Social Work Profession		12	18
	18	Social Work as a Profession, characteristics of a profession	2	
	19	Social Work Education: Knowledge Base of Social Work	2	
	20	Introduction to the Code of Ethics Social Workers' ethical responsibilities to clients, colleagues, practice settings, professionals, Social Work profession and broader society.	4	
	21	Definition and significance of professional boundaries	2	
	22	Concept of Self- care in professional social work. Managing stress and burnouts	2	
V	Exposure Visits		12	
		Exposure Visits to Social Work Agencies	15	

Books and References

1. Banerjee .G.R (1973) : Papers on Social Work: An Indian Perspective
2. Choudhary, Paul. (1983): Introduction to Social work. New Delhi: Atma Ram & Sons,
3. Gore, M. S. (1965): Social Work and Social Work Education, P. S. Jayasingh, Bombay :Asia Publication House
4. Batra, Nitin (2004): Dynamics of Social Work in India, Jaipur : Raj Publishing House.
5. Dinitto, Diana, M. (2008): Social Work Issues and Opportunities in a challenging profession (3rd edition). Chicago: Lyceum Books
6. Friedlander, Walter A. (1977) : Concepts and Methods of Social Work, New Delhi : Prentice Hall of India Pvt. Ltd.
7. Nair, T. Krishnan (1981): Social Work Education and Social Work Practice in India, Madras: Association of School of Social Work in India
8. Wadia. A.R (1961): History and Philosophy of Social Work in India. Allied Publishers, Bombay
9. Desai, Murli (2002): Ideologies and Social Work. Rawat Publications, Jaipur
10. Patel, Chhaya(Ed): Social Work Practice Religio-Philosophical Foundations. Rawat Publications Jaipur
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13. Holland, S. (2011). Social work: A very short introduction. Oxford University Press.
14. Johnson, L. S., & Chen, H. (2021). Global Perspectives on Social Work Practice: Profiles of Social Workers Worldwide. Academic Press

Mapping of COs with PSOs and POs

	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO 1	-	-	1	2	-	-	1	-	-	-	-	-	2
CO 2	-	-	-	-	-	2	1	-	-	-	-	-	-
CO 3	-	-	-	-	-	-	-	-	-	-	-	-	1
CO 4	3	-	-	-	-	2	-	-	-	-	-	3	-

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Assignments (20%)
- Final Exam (70%)

Mapping of COs to Assessment Rubrics

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2		✓		✓
CO 3		✓		✓
CO 4		✓		✓

**FOUR-YEAR UNDERGRADUATE
PROGRAMME (FYUGP)**

Bachelor of Social Work (B.S.W.) Honours

Programme	Bachelor of Social Work (B.S.W.) Honours				
Course Code	BSW1MN102				
Course Title	Social Analysis and Strategies of Social Change				
Type of Course	Minor II				
Semester	I				
Academic Level	100 - 199				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours
	4	4		-	60
Pre-requisites	-				
Course Summary	The course introduces the student to the concepts required in understanding and analysing society. Further, it exposes the student to the contradictions that exist in our society which endangers social justice and well being. The tools for social analysis and change are also included.				

Course Outcomes (CO):

CO	CO Statement	Cognitive Level*	Knowledge Category#	Evaluation Tools used
CO 1	Understand the basic concepts for analysing social conditions and issues	U	C	Instructor-created exams / Quiz
CO 2	Analyse the structures and instruments which leads to the contemporary issues in our society	An	P	Assignment / Seminar Presentation/exams
CO 3	Understand the methods and tools of social analysis and social change	U	C	Assignment / Seminar Presentation/exams
* - Remember (R), Understand (U), Apply (Ap), Analyse (An), Evaluate (E), Create (C) # - Factual Knowledge(F) Conceptual Knowledge (C) Procedural Knowledge (P) Metacognitive Knowledge (M)				

Detailed Syllabus:

Module	Unit	Content	Hrs (48+12)	Marks 70
I	Understanding Society: Basic Concepts		10	15
	1.	Society : Definition & Characteristics	1	
	2	Culture : Definition, Characteristics and Elements	2	
	3	Community : Definition & Characteristics	1	
	4	Social Institutions : Family and Marriage - Definition, Functions & Types	4	
	5	Kinship: Meaning, Definition, Functions & Types	2	
II	Socialization, Social Stratification, Social Control And Social Change		10	15
	6	Socialization – Meaning, Types & Agencies.	2	
	7	Social Stratification: Meaning and factors. Social inequality	2	
	8	Forms of stratification including caste, class, race, ethnicity and gender	2	
	9	Social Control : Agencies and means of social control	2	
	10	Social Change : Characteristics and factors of social change	2	
III	Social Analysis		12	18
	11	Social Analysis: Meaning and methods	2	
	12	Dynamics and structures of power, privilege, and oppression	2	
	13	Dynamics of Caste and Untouchability	2	
	14	Poverty: Social aspects and multiple dimensions, inequality of opportunities	2	
	15	Gender: Patriarchy and inequality	2	
	16	Intersectionality: Analysing the interconnectedness of social issues	2	
IV	Strategies of and Social Change		16	22
	17	Models of social change : Gandhian non violence and Paulo Freire's conscientisation	3	

	18	Strategies : Community organizing, advocacy and policy change	3	
	19	Social movements and campaigns	3	
	20	Social Marketing	2	
	21	Legislation	2	
	22	Technological innovation and social entrepreneurship	3	
V	Contemporary Social Issues:Analysis		12	
		Group Activity Content analysis of newspaper articles, case studies or research papers on social problems and presentation Problems: Poverty, Unemployment, Caste discrimination, Marginalisation, Exclusion, Gender discrimination and gendered violence, Environment Issues.....	12	

Books and references

1. Daniel J.Curran, Claire.M.Renzetti 1995 Social Problems- Society in Crisis. Allyn & Bacon
2. Ahuja, Ram 2012 Social Problems in India Rawat Publications .
3. Rao, C. S. 2005 Sociology . New Delhi: S. Chand Co.
4. Dube, S.C. 1990. Society in India. New Delhi : National Book Trust
5. Singh, Y. 1993. Social Change in India: Crisis and Resilience. New Delhi : HarAnand
6. Uberoi, P. 1993. Family, Kinship and Marriage in India. New Delhi: Oxford University Press.
7. Romila Thapar. 2008. Past and Prejudices, New Delhi: National Book Trust
8. T. K. Oomen. 2005. Crisis and Contention in Indian Society. New Delhi: Sage Publications
9. Bhasin K. 2003. Understanding Gender. New Delhi : Women Unlimited Publications
10. Satish Desphande. 2006. Exclusive Inequalities Merit, Caste and Discrimination in
11. Indian Higher Education Today. Economic and Political Weekly 41(24).
12. Nigam, A. Menon, N. 2004. Power and Contestation: India Since 1989
13. M.S.A Rao, (ed).2008. Social Movements in India. New Delhi: Manohar Publishers
14. Lefebvre, R. C. 2013 Social marketing and social change: Strategies and tools for improving health, well-being and the environment. San Francisco, CA: Jossey-Bass

Mapping of COs with PSOs and POs :

	PSO 1	PSO 2	PSO 3	PSO4	PS O5	PSO 6	PO1	PO2	PO3	PO4	PO5	PO6
CO 1		1			2			1	1			
CO 2				2	2			1	1			
CO 3		1			1			1	1			

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Programming Assignments (20%)
- Final Exam (70%)

Mapping of COs to Assessment Rubrics :

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓	✓		✓
CO 2	✓	✓		✓
CO 3	✓	✓		✓

**FOUR-YEAR UNDERGRADUATE
PROGRAMME (FYUGP)**

Bachelor of Social Work (B.S.W.) Honours

Programme	Bachelor of Social Work (B.S.W.) Honours				
Course Code	BSW1FM105				
Course Title	Human Rights and Social Justice				
Type of Course	Multi-Disciplinary Course 1 – Other than Major				
Semester	I				
Academic Level	100 - 199				
Course Details	Credit	Lecture per week	Tutorial per week	Practical per week	Total Hours
	3	3	-	-	45
Pre-requisites	-				
Course Summary	The course introduces the student to the concept of human rights and social justice which are fundamental to a dignified life and progress. Challenges in ensuring Human Rights and Social Justice for vulnerable groups are also included. Develops a comprehensive understanding of the international and national human rights framework. It also familiarizes the students with instruments like PIL, RTI, legal aid etc.				

Course Outcomes (CO):

CO	CO Statement	Cognitive Level*	Knowledge Category#	Evaluation Tools used
CO1	Understand the concepts of rights and social justice and their philosophical foundations	U	C	Instructor-created exams
CO2	Analyze human rights and social justice issues related to marginalized groups, gender, race and ethnicity, poverty, and inequality	Ap	C	Instructor-created exams
CO3	Analyse the role of social justice in promoting fairness and equality in societies, and identify the challenges and barriers that exist in achieving social justice	Ap	C	Instructor-created exams
CO4	Understand the international human rights framework, the role of treaties, conventions, and international bodies in promoting and protecting human rights.	U	C	Instructor-created exams / Home Assignments
CO5	Understand the functioning of the constitutional, legal and statutory mechanisms to protect human rights and promote social justice in India	U	C	Instructor-created exams / Home Assignments
* - Remember (R), Understand (U), Apply (Ap), Analyse (An), Evaluate (E), Create (C) # - Factual Knowledge(F) Conceptual Knowledge (C) Procedural Knowledge (P) Metacognitive Knowledge (M)				

Detailed Syllabus:

Module	Unit	Content	Hrs (40 +5)	Marks (50)
I	Human Rights : Overview		10	13
	1	Concept of Human Rights – Values inherent in Human rights- Human Dignity and Equality, Freedom, Justice, Tolerance and non discrimination Characteristics of Human Rights	2	
	2	Classification of Human Rights Historical evolution of Human Rights	2	
	3	Origin and development of Human Rights in India, Freedom Movement	2	
	4	Social Ideals of Indian Constitution: Fundamental rights and duties	2	

	5	Human rights of vulnerable groups -Children, Women, Minorities, Indigenous population, Refugees and migrants, Dalits, Persons with disability.	2	
II	Sources of Human Rights :International Human Rights Instruments		10	12
	6	The Universal Declaration of Human Rights	2	
	7	International Covenant on Civil and Political Rights International Covenant on Economic, Social and Cultural Rights	2	
	8	International Bill of Human Rights, Vienna Declaration on Human Rights	1	
	9	International Convention on the Elimination of All Forms of Racial Discrimination Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment	2	
	10	Convention on the Elimination of All Forms of Discrimination against Women Convention on the Rights of the Child Declaration on the Elimination of all forms of intolerance and of discrimination based on religion or belief	3	
III	Social Justice : Introduction		10	13
	11	Concept of Social Justice Theoretical frameworks and perspectives: John Rawls, Gandhi, Ambedkar and Amartya Sen	3	
	12	Economic, Political, Environmental and Cultural Dimensions of Social Justice	2	
	13	Principles of Social Justice: Equality, equity, rights and participation	2	
	14	Manifestations of social injustice in the Indian context: Exclusion, inequality, oppression and marginalisation	3	
IV	Measures to ensure Social Justice		10	12
	15	Instruments of Social Justice- Constitutional base of social justice: fundamental Rights, Directive Principles and special provisions	1	
	16	Measures to ensure social justice: Social Protection, Subsidies and Taxation, inclusive economic growth, positive and protective discrimination	2	
	17	Indian legal system and its instruments – IPC, Cr.PC, CPC	1	
	18	Legal and public advocacy, PIL, legal literacy, free legal aid	2	
	19	Right to Information Act	2	
	20	Statutory Organs for ensuring social justice: NHRC, NCW, NCM, NC for SC/ST	2	
V	Open Ended Module:		5	
	1	Article review on Human Rights and Social Justice challenges- Group Activity Book/ Film Review focussed on human rights and justice issues		
Books and References:				
<ol style="list-style-type: none"> 1. Rawls, J. (1971). A theory of justice. Harvard University Press. 2. Sen, A. (2009). The idea of justice. Harvard University Press. 3. United Nations Development Programme. (2000). Human development report 2000: Human rights and human development. United Nations Development Programme. 				

4. United Nations. (2015). Transforming our world: The 2030 agenda for sustainable development. United Nations.
5. Khechen, M. (2013) Social Justice: Concepts, Principles, Tools and Challenges. Economic And Social Commission For Western Asia (ESCWA)
6. Agarwal, H.O (2002), International Law and Human Rights Central law Publications
7. Chakravati, A. (2003), Protecting Human rights Reference Press
8. Bajwa G.S (1995), Human rights in India. Anmol Publishers
9. Gupta, D.N (2003), Human Rights Acts, Statutes and Constitutional Provisions, Kalpaz Publications
10. Jayashree, P.M (2000), Dalit Human Rights Violation Vol.1 National Campaign
11. Khanna, H.R (1980), The Judicial System. IIPA, New Delhi
12. Ramphal, R.C., (2001), Perspectives in human rights. Rajat publications
13. Kohli S. A, (2004), Human Rights and Social Work- Issues, Challenges and Response Kanishka Publishers

Mapping of COs with PSOs and POs :

	PSO1	PSO 2	PSO 3	PSO4	PS O5	PSO 6	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO 1	1	-	-	-	-	-	1	1	-	-	-	1	-
CO 2	1	3	-	-	-	-	1	1	-	-	-	1	-
CO 3	-	-	-	-	-	-	1	1	-	-	-	1	-
CO 4	-	-	-	-	-	-	1	1	-	-	-	1	-
CO 5	-	1	-	-	-	-	1	1	-	-	-	1	-

Correlation Levels:

Level	Correlation
-	Nil
1	Slightly / Low
2	Moderate / Medium
3	Substantial / High

Assessment Rubrics:

- Quiz / Assignment/ Quiz/ Discussion / Seminar
- Midterm Exam
- Final Exam (70%)

Mapping of COs to Assessment Rubrics:

	Internal Exam	Assignment	Project Evaluation	End Semester Examinations
CO 1	✓			✓
CO 2	✓			✓
CO 3	✓			✓
CO 4		✓		✓
CO 5		✓		✓